Name: Kamas Peterson

Title: Week 06 Reflection

Total Points: 100

* 5 pts Questions**Affect: (What?, So What?...Return, Report, Reflect and Regroup.)**
  + **What? (Return and Report)**
    - What did I do to prepare for class this week? This week for preparation I read through the instructions for the project.
    - What phase of your projects did you complete? For the User manual I completed chapter 2 of the user manual.
    - Where did you put your assignments in GitHub? The chapter 2 user manual is right after my Week 05 reflection.
    - What did I learn from the study material? Since the study material was about the project, I would say I learned more about myself. After answering the questions for each section, I learned more about what I do believe about in my church.
* 10 pts Questions **Behavior: (What now?...my ideas are starting to emerge!)**
  + - What do you do, steps, or processes related to this week's topic? This week we wrote the second chapter of our user manual. In this project we first defined health, work, play, and love. Next, we wrote our work and life view reflection. After that we compared the two. After that we made mind maps and five-year plans. Finally, we wrote questions and job descriptions.
    - How would you explain this week's topics to a person not in this class? I would say that we are writing users manuals are ourselves. Also, so that we can understand ourselves better.
    - What would you do differently next week? Next week I would like to do better about estimating how long each assignment will take.
    - What is the most significant take-a-way you have gained from your study this week? Is that when you take time to explore what you actual believe understand that you come to understand yourself.
* 20 pts Questions **Cognitive: (Wow, I learn?... Ok that is deep!)**
  + - Why is this week's topic important for teamwork? In order to work in a team you need understand yourself. You need to know how you work and others can help you best.
    - If this was a religion class, how would you relate this week’s topic to the gospel? In order to gain a testimony, you need realize what you do believe and what you do understand. Before you can bare your testimony to others.